

Takeaway Menu

Enjoy our takeaway selection Monday to Saturday - 10am – 2:30pm

Pop in or call us on 02392 249 065.

Many of our items can be made gluten free; please let us know if you have any dietary requirements when placing your order.

Breakfast

(Served all day)

All of our hot drinks and homemade cakes and treats can also be served to takeaway

Bacon or Sausage Sandwich	£3.00
Breakfast Baguette – with bacon, sausage, egg and mushrooms	£4.70

Lunch

Tuna Nicoisse Salad	£6.50
Puy Lentil, Beetroot and Goats Cheese Salad	£6.40
Mediterranean Vegetable Couscous Salad	£4.20
Greek Salad; with feta, olives and oregano	£4.50
Salad Bowl; small trio of salads	£2.50
Add bacon, egg or avocado	£1.00

Jackets

Beans and Cheese	£4.50
Tuna Mayonnaise	£4.70
Brie and Bacon	£5.10

Sandwiches, Wraps and Baguettes

Avocado and Tomato Salsa with Hummus or Mozzarella	£5.30
Brie and Cranberry (Add Bacon for £1)	£4.25
Cheese and Chutney	£4.95
Ham and Chutney	£4.45
Tuna Mayo and Cucumber	£4.40
Egg Mayo and Cress	£3.40
Brie and Grape	£4.70
Goats Cheese, Beetroot and Pine Nuts	£5.35
BLT	£4.75

Day trip to the seaside?

Picnic in the park?

*Pre order one of our delicious
picnics so you can relax and enjoy
your day!*

*Picnics must be ordered 48 hours in advance, by
calling 02392 249065 or e-mailing
corinnew@thespring.co.uk*

Deluxe Day Tripper Picnic - £12.50 pp

- Choose from one of our sandwich,
baguette or wrap options*
- Homemade sausage or cheese and
onion roll*
- Veg sticks with homemade hummus*
- Packet of Burts Crisps*
- Portion of fruit*
- Homemade traybake*
- Can of soft drink*

*Takeaway our
children's lunchboxes
for £4 and feed the
whole family.*

Light Lunch Meal Deal - £6.50 pp

- Choose from one of our
sandwich, baguette or
wrap options*
- Packet of Burts Crisps*
- Can of soft drink*

*Celebrate Summer in style and upgrade to a mini
bottle of Prosecco with your picnic for just £4.*