

The Spring

Food Menu

Light Bites

Toast & Butter (Gf)	£1.70
Toast & Jam/ Marmalade (Gf)	£2.20
Toasted Tea Cake	£2.70
Toasted Tea Cake with Jam	£3.20
Egg Sandwich (Gf)	£3.80
Bacon Sandwich (Gf)	£4.40
Bacon & Egg Sandwich (Gf)	£4.90
Baked Beans on Toast (Gf, Ve)	£4.40
Cheese & Chutney on Toast (Gf)	£4.80
Avocado on Toast with Chilli Flakes or Seeds (Gf, Ve)	£5.50

Sandwiches

£6.60

Served on white, brown or gluten free bread with plain crisps and a dressed salad

Tuna Mayonnaise	
Ham & Chutney	
Cheese & Chutney	
Egg Mayonnaise with Cress	
Add a cup of soup to your sandwich	£2.80

Jacket Potatoes

£8.00

Served with coleslaw and a dressed salad

Tuna Mayonnaise	
Cheese & Chutney	
Ham & Chutney	
Cheese & Ham	
Cheese & Beans	
Extra Cheese or Beans	£0.80

Toasties

£7.00

Served on white, brown or gluten free bread with coleslaw and a dressed salad

Cheese & Ham	
Cheese & Chutney	
Ham & Chutney	
Tuna & Cheese	
Cheese & Tomato	
Cheese & Onion	
Add a cup of soup to your toastie	£2.80

Soup

Served with white, brown or gluten free bread

Bowl of Homemade Soup	£5.80
Cup with Half a Sandwich	£5.80

Kids Meals

Kids Lunch (half sandwich, crisps, cucumber, fruit and juice carton)	£4.50
Beans on Toast	£2.90
Cheese on Toast	£2.90

Cakes

*See our counter for a selection of cakes.
Gluten free options available.*

Gf = Gluten Free option available. Please advise our café staff if you are coeliac or gluten intolerant before you order. Our gluten free dishes are all made with gluten free ingredients, and we are careful to minimise the risk of cross contamination. However, we cannot eliminate the possibility of cross contamination so cannot guarantee food to be 100% gluten free.

Ve = Vegan option available. If you have any dietary requirements please let our café staff know, full allergen information for all of our dishes are available and our staff will be happy to help.

The Spring

Drinks & Snacks

Teas

English Breakfast	£2.20
Decaffeinated Tea	£2.20
Earl Grey	£2.40
Green	£2.40
Fruit (<i>Lemon & Ginger/ Red Berry</i>)	£2.40
Peppermint	£2.40
Chamomile	£2.40

Milk

Extra for Oat Milk	£0.20
--------------------	-------

Milkshakes

(Banana, Strawberry, Chocolate)

Small	£3.00
Large	£3.80

Ice Cream

New Forest Ice Cream Tubs	£3.50
---------------------------	-------

(Vanilla, Strawberry, Chocolate, Ginger, Salted Caramel, Mint Choc Ripple, Cappuccino, Plant-Based Raspberry Ripple)

Snacks

Burts Crisps (<i>Plain, Salt & Vinegar, Cheese & Onion</i>)	£1.80
Maltesers/ Kit Kat	£1.90
Nobbys Nuts (<i>Salted/ Dry Roasted</i>)	£2.00
Biscuits	£0.50

Coffees

Filter	£2.30
Espresso	£2.50
Americano	£3.10
Flat White	£3.30
Cappuccino	£3.30
Latte	£3.30
Iced Latte	£3.50
Mocha	£3.50
Syrup Shot	£0.50
Babyccino	£0.60

Hot Chocolate

Plain	£3.30
With Cream and Marshmallows	£3.80
Kids Hot Chocolate	£2.00
With Cream and Marshmallows	£2.50

Cold Drinks

Cans (<i>Coca Cola, Diet Coke, 7 Up, Coke Zero, Fanta</i>)	£1.80
J2O Orange & Passion Fruit	£2.70
Appletiser	£3.00
Fentimans Ginger Beer/ Lemonade	£3.30
Elderflower Presse	£3.30
Fevertree Soda Water	£2.60
Bottled Water (<i>Still/ Sparkling</i>)	£1.80
Fruit Juice Carton (<i>Apple/ Orange</i>)	£1.00